

Boost Essence Formula

A Boost of Adaptogenic Herbs for Your Patients



The modern era is characterized by a near constant bombardment of various stressors: overwork, light and noise at all times of day and night, financial difficulties, poor quality food, EMFs, emotional challenges, lack of sleep, and many others. Evolutionarily seen we are better adapted for stressors of relatively short duration, making this situation a unique challenge for our bodies. Some of these stressors were used in research studies to determine whether a given herb is a true adaptogen, i.e., can it help people better adjust to these various challenges.

People's Herb's Boost Essence combines concentrated extracts of the most well researched and popular substances that embody the concept of an adaptogen. These herbs provide a non-specific, homeostatic effect on the body without toxicity or side effects, making them useful for a wide range of disorders.

Our proprietary combination of herbs contains five well-researched adaptogens—Eleuthero, American Ginseng, Rhodiola, Cordyceps and Schizandra—with Tribulus extract, often used in muscle-building formulas, and royal jelly powder, a traditionally respected nutritional powerhouse. Adaptogens are best understood as preventative medicine, i.e., they are better at helping to prevent diseases that trace back to physical or emotional stressors than they are at treating diseases.

Adaptogens have been discovered to be vital to people in times of challenges. By preventing diseases due to physical or emotional stressors, Boost Essence is a key formula for mental and physical fatigue.

Easy to digest and applicable to a wide range of cases, Boost Essence was originally developed for athletes who want to train hard and have a natural supplement for quick recovery. This formula is clinically relevant and appropriate for patients with extreme exhaustion, burnout, with symptoms of agitation, insomnia, and fatigue.

Ingredients

BOOST ESSENCE FORMULA

900mg Proprietary Blend

100 capsules / 450 mg each

Eleuthero Extract	Eleutherococcus senticosus radix	0.8% eleutherosides B & E	Wu Jia Shen
Hybridized Cordyceps	Cordyceps sinensis mycelium	Mushroom powder	Dong Chong Xia Cao
Rhodiola extract	Rhodiola rosea herba	3% rosavins	Hong Jing Tian
Tribulus extract	Tribulus terrestris herba	40% saponins	Bai Ji Li



People's Herbs

SPECIALTY FORMULAS & EMPOWERED EXTRACT CAPSULES

PRODUCT INFORMATION SHEET

Schisandra extract	Schisandra chinensis berry		Wu Wei Zi
Royal Jelly powder		6% 10-HDA	
American Ginseng Powder	Panax quinquefolium radix		Xi Yang Shen
Cordyceps Mycelium extract	Cordyceps sinensis mycelium	40% polysaccharides	

OTHER INGREDIENTS: Vegetarian capsules (Hypromellose, kappa-Carrageenan), silicon dioxide

