

ReDermaVive

by
PEOPLE'S HERBS

"When I first received a facial treatment using the People's Herbs Facial Gua Sha Oil and the People's Herbs green jade facial gua sha tool, the practitioner had me look in the mirror after just the right side of my face had been treated. The comparison between the treated and the not-yet-treated sides was so dramatic I could not believe it. One side of my face glowed and looked ten years younger than the other. Needless to say, I am going to do this for myself every 2-3 days. Beyond the younger look, I felt wonderfully relaxed—and from a relatively brief treatment of maybe 6-7 minutes."

- MC, People's Herbs customer



ReDermaVive Golden Goddess Facial Gua Sha

ReDermaVive's Golden Goddess Facial Gua Sha oil provides the perfect slip surface for your gua sha tool to effectively slide over the skin.

For this gua sha oil, we drew from an unfinished formula that Bob Flaws (the co-founder of Blue Poppy Enterprises) started for treating stretch marks. It seemed appropriate since face lifting and stretch marks repair are somewhat similar in character.

The formula notes that Bob Flaws left created the core herbal inspiration for our Golden Goddess Facial Gua Sha Oil:

In Chinese medicine, the net-like structure of the skin is referred to as cou li or interstices... the interstices can either be shut and dense (bi mi) or scattered and relaxed (shu song). The coarsening and lack of tone of the skin due to aging is a process of the slackening of the interstices, coupled with the lack of nourishment and moistening.

While the root disease mechanism of stretch marks is qi vacuity, once stretch marks have occurred, this qi vacuity is complicated by blood stasis in the network vessels locally. Therefore, within this formula, huang qi and ren shen strongly supplement the original qi, while zhen zhu clears heat, promotes healing, and engenders flesh when applied

externally. ...research in China has shown that the external application of both huang qi and ren shen can promote healing of the skin...

Instructions:

Shake well before using. Apply 1 pump onto skin (avoiding eye area) prior to using gua sha tool; apply additional oil as needed to maintain slip. Use a [gua sha tool](#) to apply light to medium pressure, and scrape with an upward and outward direction. Stroke the face approximately 5-10 times per section.

Use a soft and damp cloth to clean the gua sha tool and make sure it's thoroughly dry before putting it away. For best results, place the gua sha tool in the refrigerator for 30 minutes before using it.

Full Ingredients & Benefits:

CHINESE MEDICINE HERBAL FORMULA

- **Zhen Zhu** (*Margarita Pearl*) - Rich in many essential amino acids; supports collagen production; aids in repair, circulation, and growth of new skin cells; anti-inflammatory; nourishes and softens the skin, restoring its youthful glow.
- **Gua Lou Ren** (*Trichosanthes Seed*) - Smooths and moistens the skin by stimulating blood and moisture flow; naturally moisturizes the skin; antioxidant; combats skin infections.
- **Jie Xue Cao** (*Gotu Kola*) - contains a potent combination of amino acids, beta carotene, fatty acids and phytochemicals; gentle astringent properties to help relieve redness, itching and heat associated with skin concerns; antioxidant qualities help protect against free radical damage; strengthens the skin's moisture barrier in order to maintain its hydration; boosts blood circulation resulting in smoother skin texture.
- **Huang Qi** (*Astragalus*) - promotes the growth of healthy new tissue and expels toxins; antioxidant to protect skin from free radical activity; inhibits 5-lipoxygenase (the major source of potent pro-inflammatory leukotrienes); helps with psoriasis; anti-inflammatory; anti-scar effects for wound treatment.

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- **Hong Hua** (*Safflower*) - promotes blood circulation; an emollient to soften and soothe the skin and a mild occlusive, creating a barrier to prevent moisture loss; improves the appearance of uneven skin tone; does not clog pores; suitable for oily and blemish-prone skin.
- **Dang Gui** (*Dong Quai*) - tonifies blood, reduces swelling; expels pus; generates flesh; alleviates pain; activates better blood circulation; helpful for skin problems caused by blood-deficient wind; speeds wound healing; reduces skin inflammation.
- **Ling Xiao Hua** (*Trumpet Flower*) - activates blood and dissipates blood stasis; cools blood and dispels wind; helps reduce pruritus, rosacea, acne, atopic eczema, and stubborn skin conditions that keep resurfacing due to latent heat trapped in the skin; extinguishes latent heat (chronic inflammation).
- **Ren Shen** (*Asian Ginseng*) – collagen-boosting; firms and tightens the skin; regenerates skin cells via increased oxygenation; improves blood circulation for a healthy glow; anti-inflammatory to help ease atopic dermatitis.

BOTANICAL OILS

- **Fractionated Coconut Oil** (*Caprylic/Capric Triglyceride*) (*MCT*) - helps keep skin soft and nourished; provides a soothing barrier to skin without clogging the pores. This is excellent for dry or troubled skin.
- **Tea Seed Oil** (*Camellia Sinesis*) - antioxidant properties to protect the skin against free radicals, improves skin texture, boosts the skin's collagen production.
- **Babchi Oil** (*Psoralea Corylifolia*) - plant-based retinol alternative that mimics the activity and benefits of retinol without the irritation; reduces fine lines and wrinkles; fades pigmentation and age spots; speeds up collagen production; improves skin texture; helps with skin problems such as dermatitis, eczema, boils, skin eruptions, scabies, leucoderma, and vitiligo.

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- **Green Coffee Bean Oil** (*Coffea arabica*) - helps firm skin, reduces and soothes puffy eyes; contains potent antioxidants; encourages natural collagen and elastin; helps calm acne; tones and diminishes signs of cellulite.
- **Hibiscus Seed Oil** (*Hibiscus Sabdariffa*) - rich in antioxidants; helps reduce the appearance of fine lines; highly moisturizing; gentle natural acids that help exfoliate dead skin cells; anti-bacterial properties to help heal wounds.
- **Rosehip Oil** (*Rosa Canina*) - contains retinoic acid to help even out skin tone and lighten skin pigmentation; regenerates cells; brightens skin; hydrates; reduces scars.

ESSENTIAL OILS

- **Frankincense** (*Boswellia Carterii*) - repairs and regenerates skin cells; anti-microbial; stimulates growth of new cells; relieves discomfort of inflammation such as redness, itching, and swelling; helps smooth creases and wrinkles.
- **May Chang** (*Litsea Cubeba*) – often used as a substitute for lemon balm, a very expensive oil; contains potent antioxidants; renews skin cells; rejuvenates the complexion; penetrates pores to clean them from impurities and toxins, leaving a purified complexion; helps balance sebum and reduces the appearance of pores.
- **Neroli** (*Citrus Aurantium*) - reduces the appearance of fine lines; tones and rejuvenates the skin; balances oil production; preventing and reduces stretch marks.
- **Clary Sage** (*Salvia Sclarea*) - reverses signs of aging; firms the skin; reduces excessive production of sebum.
- **Jatamansi** (*Nardostachys jatamansi*) – an Ayurvedic herb used for skin diseases; purifies blood; relieves burning sensations; improves complexion and gives skin a brightened glow; improves moisture; reduces redness; stimulates fibroblasts to produce collagen; natural antioxidants help reduce signs of aging.

Contraindications: Shellfish allergies